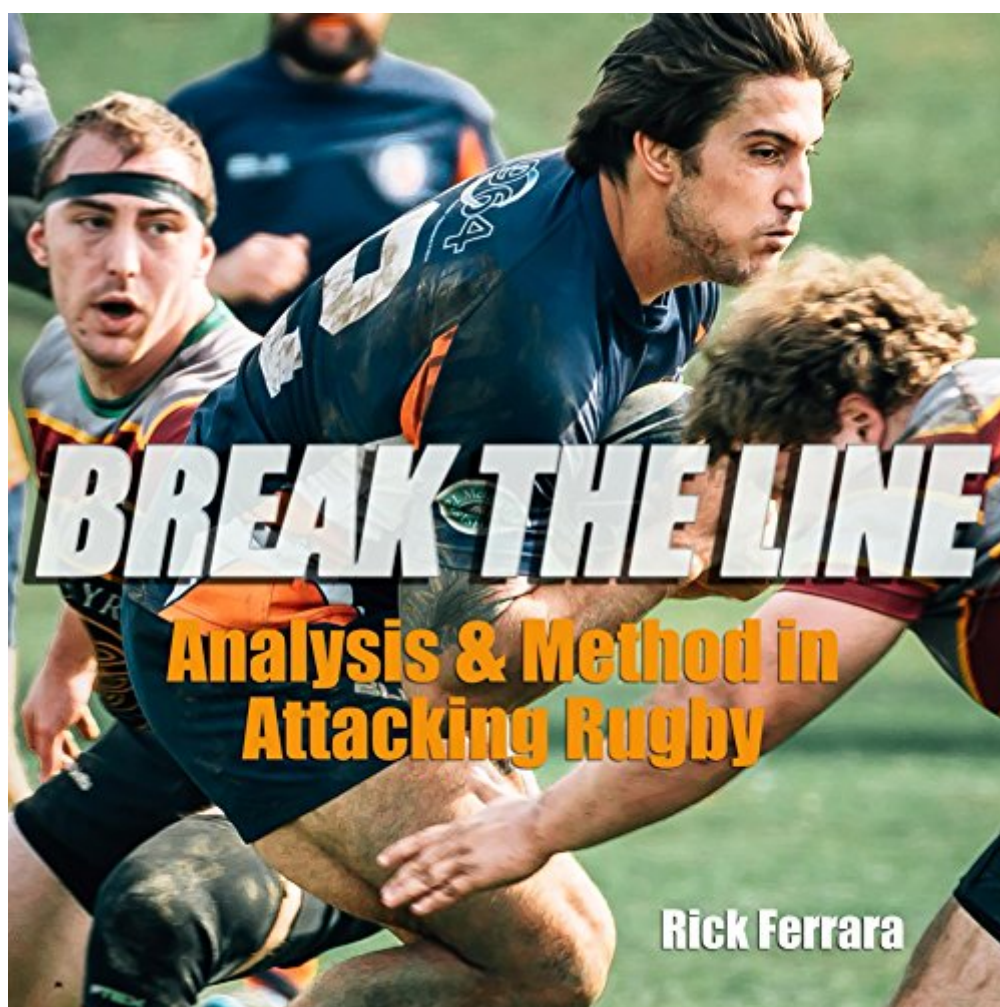


The book was found

Break The Line: Analysis & Method In Attacking Rugby



Synopsis

This is a comprehensive book of tactics for attacking in either the fifteens or sevens format of rugby union, dedicated in its entirety to the tricks and tips needed to defeat defenses in open-field play while keeping the ball in hand. With a new take on rugby diagramming, the author breaks down each rugby movement and its important steps, using color diagrams that clearly show the reader how to win each type of encounter. By being so ultra-focused, Break the Line is a guide for players of all skill levels who wish to gain some advantage in understanding what makes for sharp, efficient, and winning offense. From Simple to Complex Open-Field Tactics & Methods; Notes and Tricks to Winning Situations; âœSpoilersâ • that Ruin Offensive Attacks; Tips for Applying Open-Field Tactics and Philosophy to Structured Play; Strategies for Reading Defenses and Establishing Field Vision

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Customer Reviews

Great analysis of many different types of rugby attacks, from the simple to the complex. Diagrams help visualize the development of the play and build on prior principals. Author speaks from experience as a player and coach. Highly recommend for anyone interested in learning how to be more effective on offense.

Good tactical book. Really spells out good ways to exploit defenses. Amazing diagrams.

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